

Travel Checklist

By Miriam Caldwell

- Documents and money
 - Passport
 - Drivers license or other official ID
 - Visa (if necessary)
 - Passport scan (don't forget to email to yourself if lost)
 - Address book and emergency numbers and contact details
 - Travel tickets (airplane, train, bus)
 - Directions
 - Hotel contact details
 - Map and guide book
 - Cash in foreign currency (if applicable)
 - Get a Credit card, debit card or ATM card
- Carry on baggage
 - Camera, batteries, film or memory card
 - Notebook and pen
 - On the road entertainment: book, magazine, playing cards, games or music player
 - Power plug adapters
 - Keys
 - Phone
 - Watch
 - Wallet
- Suitcase
 - Suitcase of the right size
 - Luggage ID tags
 - Luggage locks
 - Travel alarm clock
 - Swiss army knife
 - Mini sewing kit, scissors - keep in checked baggage
 - Laundry bag, ziploc plastic bags, soap packets, travel iron
 - Travel first aid kit (incl Imodium, salt tablets, plasters, motion sickness pills etc.)

- Sleeping bag, pillow, earplugs
- Laptop
- Torch/flashlight with batteries
- Binoculars
- Phone charger
- Electric adapter if traveling to a country with different electric wattage
- Purse or a handbag
- Mosquito repellent and net (if traveling to areas with high risk of mosquitos)
- Clothing
 - Socks
 - Undergarments
 - Trousers
 - Jeans
 - Skirts
 - Shorts
 - Shirts, blouses, t-shirts
 - Swimsuit
 - Hat (sun hat or winter hat, depending on the weather)
 - Sunglasses
 - Jacket
 - Raincoat
 - Sensible shoes
 - Pajamas
 - Formal or Dressy clothing if attending an event
- Toiletries
 - Comb or a brush
 - Shaver, razor, shaving cream
 - Aftershave, perfume
 - Toothbrush, toothpaste, dental floss, mouthwash, lipbalm
 - Deodorant
 - Cotton balls
 - Soap, shampoo, face wash

- Lotion and facial moisturizer
- Sunscreen
- After-sun lotion
- Glasses, contact lenses, contact lens solution
- Prescription medicines and their prescription if you require any fill ups