

# Emergency Supply Checklist

By John F. Smith

- Essentials
  - Water (1 gallon per person per day).
  - Liquid bleach to purify drinking water.
  - First aid kit, freshly stocked.
  - First aid book.
  - Food.
  - Can opener (non-electric).
  - Blankets or sleeping bags.
  - Portable radio, flashlight and spare batteries.
  - Essential medications.
  - Extra pair of eyeglasses.
  - Extra pair of house and car keys.
  - Fire extinguisher.
  - Food, water and restraint (leash or carrier) for pets.
  - Cash and change.
  - Prescription medications.
- Sanitation Supplies
  - Large plastic trash bags for waste.
  - Large trash cans.
  - Bar soap and liquid detergent.
  - Shampoo.
  - Toothpaste and toothbrushes.
  - Feminine hygiene supplies.
  - Toilet paper.
  - Household chlorine bleach.
  - Household cleaning and dish washing supplies.
- Safety and Comfort
  - Change of clothing.
  - Sturdy shoes or work boots.
  - Heavy gloves for clearing debris.
  - Blankets or sleeping bags.

- Thermal underwear.
- Candles and matches.
- Light sticks.
- Knife or razor blades.
- Tent.
- Communication kit: paper, pens, stamps.
- Cooking
  - Plastic knives, forks, spoons.
  - Paper plates and cups.
  - Paper towels.
  - Heavy-duty aluminum foil.
  - Camping stove for outdoor cooking.
  - Canned meats, fruits and vegetables.
  - High Energy foods.
  - Multi vitamins.
  - Comfort foods - cookies, hard candy.
- Tools and Supplies
  - Axe, shovel, broom.
  - Adjustable wrench for turning off gas.
  - Tool kit including a screwdriver, pliers and a hammer.
  - Plastic tape, staple gun and sheeting for window replacement.
  - City map.