

Child Development Checklist

By Laura Cooper Peterson

- At 12 to 18 months, most children can:
 - Walk 5 or more steps without falling.
 - Scribble in a back and forth motion.
 - Attempt to convey feelings with hand and body gestures.
 - Ask for objects by pointing.
 - Imitate simple words such as "doggie," "bye-bye" and cookie.
 - Use fingers to eat independently.
 - Use spoon to eat with some ability.
 - Run or toddle-run.
 - Eagerly look at pictures and images.
 - Follow simple directions.
 - Pull, push and dump things.
 - Pull off shoes, socks and mittens.
 - Make marks on paper with crayons.
 - Step off a low object and keep balance.
- At 18 months to 2 years, most children can:
 - Push and pull large toys/objects.
 - Jump with both feet together.
 - Refer to self by name, uses "I", "You", "Me."
 - Identify hair, eyes, ears and nose by pointing.
 - Report toilet needs with some frequency.
 - Dress/undress with some help.
 - Sit in a chair independently.
 - Point to pictures in book.
 - Build a tower of four blocks, or display other motor skill coordination.
 - Use two-to-three-word sentences.
 - Say the names of toys or other objects.
 - Recognize familiar pictures.
 - Carry something while walking.
 - Feed themselves with a spoon.
 - Play independently.
 - Turn 2-3 pages at a time.
 - Show affection.
 - Imitate ;or mimic their parents or siblings.
- At 2 to 3 years, most children can:
 - Walk up steps (with alternating feet).
 - Ride a tricycle.
 - Build or stack small blocks.

- Dry their hands without help.
- Put on their shoes themselves.
- Point to body parts (hair, eyes, nose, etc).
- Imitate drawing lines and circles (not always perfectly done).
- Hold pencil with thumb and forefinger instead of fist.
- Repeat common rhymes.
- Dress/undresses completely without help.
- Open a door.
- Turn single pages at a time.
- Play with other children for a ;period of time.
- Use three to five-word sentences.
- Name at least one color correctly.
- Recall the names of toys or other objects.
- Are toilet trained.