

# Career Change Checklist

By Alex Strickland

- Self-Awareness
  - Understand what motivates you and use this to identify your dream job.
  - Set professional goals, short- and long-term.
  - Determine why you are looking to embark on a new career now.
  - Determine what satisfaction you seek that you haven't found in your current career.
  - Think how long you seriously considered making a change.
  - Explore your options to a complete career change.
  - Determine what you like and what you would like to change in your current career.
  - Think which of your skills are a good match for the career you would like to have.
  - Research the career you would like to have.
  - Check the future opportunities in your new career.
- Career Change
  - Understand how the job market functions.
  - Build a contact network that is both supportive and challenging.
  - Be persistent.
  - Be confident.
  - Have a clear objective based firmly on your strengths and supported by your experience.
  - Be financially secure and have enough money to make the transition.
  - Focus on what you want and how you achieve this.
  - Communicate your objective energetically, in writing and in person.
  - Show yourself at your highest level of effectiveness.