

Brain Injury Checklist

By Kimberly French

- Physical
 - Dizziness or balance issues.
 - Fatigue (mental or physical).
 - Impaired small motor control.
 - Loss of sex drive.
 - Nausea/vomiting.
 - Paralysis.
 - Persistent headache.
- Thinking
 - Decreased attention span.
 - Difficulty in processing information.
 - Disorientation.
 - Impaired decision-making ability.
 - Inability to follow multi-step directions.
 - Inability to shift mental tasks.
 - Inability to understand abstract concepts.
 - Language deficits.
 - Memory loss or impairment.
 - Poor judgement.
- Perceptual
 - Changes in sense of balance.
 - Changes in senses.
 - Increased pain sensitivity.
 - Loss of sense of time and space.
- Behavioral/Emotional
 - Agitation.
 - Anxiety.
 - Apathy.
 - Confrontational attitude.
 - Denial of disability.
 - Dependence.
 - Depression.
 - Easily angered/frustrated.
 - Fearfulness.
 - Feelings of guilt or shame.
 - Feelings of helplessness.
 - Flattened or heightened emotional responses.
 - Impatience.

- Inflexibility.
- Lack of inhibition.
- Reduced tolerance for stress.
- Thoughtlessness.
- Trouble concentrating.