

Beach Checklist

By Jefferey Rondman

- Clothing & Accessories
 - Swimsuit.
 - Swimsuit cover-up (such as Sarong or Pareo).
 - Beach bag.
 - Sandals or flip-flops.
 - Sunglasses.
 - Sun hat to shade your head and face.
- Equipment
 - Beach blanket.
 - Beach chairs.
 - Beach towels.
 - Beach umbrella.
 - Camera / Video Camera.
 - Cell phone.
 - Cooler.
 - Fishing poles.
 - Flotation devices.
 - Goggles.
 - Snorkel and fins.
 - Beach toys.
- Health & Beauty
 - Sunscreen.
 - Body lotion.
 - Comb and brush.
 - Contact lens solution, if needed.
 - Face cleanser.
 - Insect repellent.
 - Lip balm.
 - Personal-hygiene items.
- For Kids
 - Baby sunscreen.
 - Baby food and spoon.
 - Baby powder.
 - Baby wipes.
 - Goggles or masks.
 - Water shoes.
 - Frisbee.
 - Beach games.

- Pail and shovel.
- Miscellaneous
 - Books.
 - Healthy snacks.
 - A variety of beverages, including lots of water.
 - Money.
 - Spray bottle with water.
 - Kite.