

# Baby travel checklist

By baby checklist

- Priority items**
  - Car seat** You will need one of these for the car or the airplane.
  - Baby food and drink** Enough for an entire day in case you experience delays.
  - Diapers** Plan to use one for each hour in transit, plus pack a few extra.
  - Baby Wipes** Bring enough for any contingency.
  - Diaper bag** Preferably pack one with a waterproof lining and a shoulder strap.
  - Baby clothes** Bring one change for the trip and plan to pack for two changes each day thereafter. Include a hat for sun protection.
  - First aid kit** Enough to deal with minor medical problems. Include an emergency sheet with the names and phone numbers of your pediatrician, including your baby's health information and any medications.
  - Pacifiers** If your baby uses them, be sure to bring extras.
  - Plastic bags** Bring all sizes for dirty diapers or soiled clothing.
- More things to pack**
  - Bibs** Disposables for the trip and several washables for when you arrive.
  - Baby blankets** If you are nursing, bring one to cover yourself, and others to cover the baby and other surfaces.
  - Changing pads** Buy disposables.
  - Disposable spoons** For feeding baby food.
  - Extra shirt for mom** In case of an accident, having an extra will prevent embarrassment.
  - Hand sanitizer gel** Use to wash your hands, your baby and even as a baby lotion.
  - Tissues** You can never have enough of these.
  - Snacks for you** Keep your energy up with a nutritional power bar and plenty of water to keep hydrated.
- Other items for your stay**
  - Baby bath tub** An inflatable one makes bath time easier.
  - Collapsible stroller** You can check it at the gate or store in an overhead unit in the plane.
  - Baby Sling or baby carrier** One of these keeps your baby safe and your movements easier.
  - Portable crib or play-yard** Either of these creates an instant child safe area whenever needed.
  - Camera** Bring extra batteries to be sure that you do not miss any Kodak moments.
  - Nightlight** One of these makes your room just like home.

- Reading light** A clip on light allows you to read without disturbing your baby.
- Sunscreen** For baby and yourself.