

Baby Bag Checklist

By baby checklist

- The Essentials
 - 2-4 spare diapers.
 - Diaper wipes.
 - Plastic bags for used diapers/dirty clothes.
 - 1-2 changes of clothes for baby.
 - Formula / bottles (if not nursing).
 - Any prescription medication.
- The Extras
 - Extra formula - or powder and water.
 - Extra pacifier (keep clean in a baggie).
 - Burp cloth.
 - Sweater or coat for baby.
 - No-spill cup/bottle or a juice box.
 - Pacifier and holder.
 - Bib.
 - Hat.
 - Blanket for warmth or nursing privacy.
 - Children's acetaminophen.
 - Small package of facial tissues.
 - Camera.
 - Photos/brag book.
 - Toys/books.
 - Snacks for baby and you.
- For mom
 - Clean shirt (in case of poop explosions, spitup, etc)
 - Breastpads.
 - Bottle of water.
 - Cell phone.