

Aspergers Checklist

By Laura Cooper Peterson

- Social-Emotional Skills
 - May behave or respond to social situations in an unusual or inappropriate manner.
 - Prefers to avoid eye contact with adults and peers.
 - May speak in a monotone voice, without expression or emotion.
 - Prefers to do all the talking.
 - Doesn't listen very well.
 - May talk a lot about a particular area of interest.
 - Doesn't understand jokes and sarcasm very well.
 - Frequently resorts to playing alone.
 - Unable to make and keep friends.
 - Does not adhere to the rules of play, or doesn't understand them.
 - Lack of empathy for others.
 - Has problems reading people's faces.
 - Problems with all types of nonverbal communication.
 - Facial expressions are either absent or inappropriate to the conversation.
 - Wants to socialize with others but does not understand how to interact.
 - Has trouble with initiating and maintaining a two-way conversation.
- Gross Motor Skills
 - Overall clumsiness.
 - Lack of coordination.
 - Strange gait.
 - Problems learning to ride a bike.
 - Doesn't excel in sports.
 - Trouble learning to tie shoes.
- Fine Motor Skills
 - Poor handwriting.
 - Late to learn how to eat with utensils.
 - Prefers not to color, and does not color within lines.
 - Overall delay in fine motor development.
- Cognitive Skills
 - Large vocabulary.
 - Learns to read at a young age.
 - Narrow areas of interest.
 - Very good with facts, dates, and numbers.
 - Strictly adheres to routines.
 - Very inflexible when faced with altered schedule.
 - Cannot solve problems that are outside their daily routine.
- Sensory Issues

- May be extremely sensitive to noises.
- May want all tags removed from child's clothing.
- Very limited diet.
- May not enjoy activities like swimming or getting wet.