Skiing-Snowboarding Checklist

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# Tasks:

☐ **Ski/board equipment (if not renting)**

☐ **Fat skis**

☐ **Ski/board boots**

☐ **Snowboard**

☐ **Ski poles**

☐ **Skiing and board accessories**

☐ **Powder ribbons or straps (if going to destinations with very deep powder)**

☐ **Lift pass holder (if going to resorts that provide little cardboard tickets e**

*g. various resorts in Hokkaido such as Furano)*

☐ **Board leash**

☐ **Wax and iron if you want to DIY, petex**

☐ **Ski holder strap - to hold your skis together**

☐ **Ski/board lock**

☐ **Boot/hand warmers**

☐ **Safety gear**

☐ **Avalanche transceiver (beacon)**

☐ **Shovel**

☐ **Probe**

☐ **Backpack**

☐ **Skiing/boarding clothing**

☐ **Face mask - if going to a particularly cold or windy destination such as Niseko or Lake Louise**

☐ **Hood or hooded top if going somewhere particularly cold**

☐ **Neck warmer**

☐ **Silk or merino wool glove inners - particularly useful if taking photos or video footage**

☐ **Thermal pants (not cotton as it captures the moisture)**

☐ **Thermal top or other under-layer (not cotton as it captures the moisture)**

☐ **Fleece/s - vest and long-sleeve**

☐ **Helmet**

☐ **Goggles**

☐ **Headband (or ear muffs if you're game!)**

☐ **Beanie**

☐ **Ski jacket**

☐ **Ski pants**

☐ **Jacket hood**

☐ **Ski gloves**

☐ **Glove protectors (if going to a resort with nutcrackers e**

*g. New Zealand club fields)*

☐ **Ski socks (thin ones)**

☐ **Waterproof spray?**

☐ **Other clothing**

☐ **"Going out" clothes**

☐ **"Going out" gloves**

☐ **Non slip shoes +/- shoe chains for extra grip**

☐ **Slippers**

☐ **Bathers**

☐ **Sleeping clothes**

☐ **Underwear**

☐ **Socks**

☐ **Other things for the ski/board jacket**

☐ **Sunscreen**

☐ **Lip balm**

☐ **Tissues**

☐ **Goggle wiper**

☐ **Wipe cloth**

☐ **"First aid"**

☐ **Nurofen or other anti-inflammatory drugs, other painkillers**

☐ **Bandaids, sports tape or water-proof dressings**

☐ **Betadine or other antiseptic**

☐ **Lomotil and Stemetil (if going to a place like India)**

☐ **Medications (and prescriptions)**

☐ **Knee braces**

☐ **Vitamins such as A,C,E, zinc, Echinacea (preferably combined in one tablet)**

☐ **Toiletries**

☐ **Nail scissors**

☐ **Face ;moisturizer**

☐ **Plenty of hair conditioner if you have long hair**

☐ **Shampoo**

☐ **Deodorant**

☐ **Massage oil**

☐ **Toothpaste and toothbrush (if not in cabin luggage)**

☐ **Comb or hair brush and hair accessories**

☐ **Hair product**

☐ **Shaving gear**

☐ **Cosmetics**

☐ **Luggage**

☐ **Boot bag (may need to take this on as cabin luggage)**

☐ **Ski bag (preferably on wheels)**

☐ **Suitcase or bag**

☐ **Luggage locks**

☐ **Luggage tags**

☐ **Electronics**

☐ **Spare battery for camera/video**

☐ **Mobile phone/PDA and charger**

☐ **Camera and charger**

☐ **Video camera and charger**

☐ **Spare batteries and memory cards for cameras**

☐ **Electrical adapters**

☐ **GPS transponder**

☐ **Walkie talkies**

☐ **IPod and charger cord**

☐ **Memory stick to download photos etc.**

☐ **Power board for all these chargers**

☐ **Travel alarm if not taking mobile phone**

☐ **Hairdryer (check if voltage appropriate for the country)**

☐ **Other**

☐ **Portable clothes line**

☐ **Washing detergent powder**

☐ **Spare credit card**

☐ **Phrase book**

☐ **Notes off Powderhounds website**

☐ **Sunglasses**

☐ **Photocopy of passport, visa and airline ticket**

☐ **Travel insurance information**

☐ **Octopus straps if likely to travel in a taxi**

☐ **Drivers license**

☐ **Playing cards**

☐ **Vegemite (especially if going to Japan)**

☐ **Cotton and thread**

☐ **Bag for wet ski gear and/or dirty clothing**

☐ **Cabin luggage**

☐ **Small toiletries for cabin luggage in small sealed plastic bag including toothbrush and small toothpaste**

☐ **Sleeping tablets/pain medication**

☐ **Ear plugs**

☐ **Blow up cushion**

☐ **Eye shades**

☐ **Book**

☐ **Wallet and credit card**

☐ **Cash**

☐ **Itinerary and reservation confirmations**

☐ **Maps and directions**

☐ **Passport and visa if required**

☐ **Airline tickets**

☐ **Eye glasses or contact lenses (and accessories in main luggage)**

☐ **Don't pack razors, scissors, matches etc - check for prohibited items**

☐ **Things to do before travel**

☐ **Make sure passport is valid for at least 6 months**

☐ **Organise any visas required**

☐ **Get any necessary vaccinations (e**

*g. if travelling to India)*

☐ **Organise international drivers license if necessary (e**

*g. Japan)*

☐ **Set up a "web mail" account so you can access your email from any internet kiosk**

☐ **Email your itinerary to yourself in case you lose it**

☐ **Mobile phone to international roam - check it works in country you are going to**

☐ **Organise wireless internet connection if you're taking your laptop**

☐ **Check electrical adapters required for the country**

☐ **Photocopy passport, visa and tickets**

☐ **Leave itinerary/contact information with family member and leave photocopy of passport**

☐ **Consider currency exchange for at least a small amount of cash**

☐ **Pay off credit card**

☐ **Pay bills**

☐ **Organise mail to be collected or "stopped"**

☐ **Travel insurance**

☐ **Set up pet care**