Packing Checklist

Created: 1/2/2012

# Tasks:

☐ **Documents**

☐ **Tickets**

*Book well in advance for better deals.*

☐ **Passports / visas**

*This should also be done well ahead of time.*

☐ **Medical and vaccination records**

*Check with your doctor for needed shots in some foreign countries.*

☐ **Confirmations**

*For hotels, car rentals or anything else that you have planned or prepaid that provided an invoice.*

☐ **Identification**

*Carry your driver's license (or other ID).*

☐ **Membership cards**

*If you plan to use AARP or AAA for discounts, you must show your card at check-in.*

☐ **Money**

*Just enough cash for small transactions, only one or two credit cards, and Traveler's Checks.*

☐ **Guidebook(s)**

*When traveling to new locations, familiarize yourself before you leave home and bring a good guidebook and map with you.*

☐ **Copies**

*Have duplicates of all important documents you will be taking.*

☐ **Important phone numbers**

*Put these into your cell phone for easy access.*

☐ **Personal/Hygiene**

☐ **Bottles**

*Make sure you get only travel approved portions of body lotion, face wash, eye drops, shaving cream, lip balm, cologne/perfume, cosmetics, deodorant, hand sanitizer, and mouthwash.*

☐ **Hair Care**

*Includes shampoo, conditioner, hairspray, and any hair care appliances.*

☐ **Kits**

*Shaving kit and nail care kit should be packed in checked luggage.*

☐ **Oral care**

*Don't forget dentures/denture adhesive, toothbrush, toothpaste, and floss.*

☐ **Feminine hygiene products**

*If needed, pack maxi pads, tampons or pantiliners.*

☐ **Clothing/Accessories**

☐ **Underthings**

*Pack a pair of underwear for each day plus one extra.*

☐ **Travel clothes**

*Wear comfortable clothing in layers to adjust for temperature changes.*

☐ **Footwear**

*Easy to remove, comfortable and adaptable walking shoes will work for every situation except dress wear.*

☐ **Timekeeping**

*Always wear a dependable but not too expensive watch.*

☐ **Swimwear**

*If you plan to hang out on the beach or by the pool. Also pack sunscreen and other items.*

☐ **Coat/ jacket**

*Plan for the unexpected, even if you only might need a windbreaker.*

☐ **Sleepwear**

*Pajamas are one of the most forgotten items.*

☐ **Dress up**

*For formal occasions pack one good dress or other outfit including belt, shoes and jewelry.*

☐ **Sports**

*Whatever your sport, be sure to pack what you need to do it in order to avoid expensive last minute purchases at your destination.*

☐ **Medications**

☐ **Original bottles or paperwork**

*Even if you have a week's supply in a portioned container, bring proof that the prescriptions are legal.*

☐ **Contraceptives**

*Another oft forgotten item that is a must-have.*

☐ **Motion sickness meds**

*If you have trouble flying or with high altitudes, these are very important.*

☐ **Children's meds**

*Kids need different doses than adults, so pack appropriately.*

☐ **Sleeping pills**

*If you are going across multiple time zones, you may need help adjusting your sleeping patterns.*

☐ **Miscellaneous items**

☐ **Wipes**

*Including tissues, antibacterial moist towelettes, paper towels and travel toilet paper rolls.*

☐ **Gadgets**

*Cell phone or blackberry, iPod or mp3 player, and netbook or laptop.*

☐ **Comfort items**

*An inflatable pillow, earplugs, eye mask, and a travel blanket can make coach more comfortable.*