Newborn Checklist

Created: 12/28/2011

# Tasks:

☐ **Clothes**

☐ **Babygros (all in one jumpsuit with feet) - size 0-3 months and size 3-6 months.**

☐ **Shortsleeved bodysuits for summer - size 0-3 months and size 3-6 months.**

☐ **Bibs in sizes small.**

☐ **Hats - sun hats or warm winter hats with ear-laps.**

☐ **Mittens (optional) scratch mittens, or warm winter ones.**

☐ **Jackets, cardigans/sweaters- to keep the chill off your baby in air conditioned rooms or in the winter.**

☐ **Wraps- multi purpose (used for partial shade, breastfeeding shawl as well as wrapping baby).**

☐ **Nappy storage area.**

☐ **Nappy disposal system.**

☐ **Cloth nappies or small hand towels to place under baby on change mat (for comfort as the plastic is cold).**

☐ **Nappy rash cream.**

☐ **Bath Items**

☐ **Facecloths.**

☐ **Safety cotton buds, wider buds that cannot be pushed too far into the ear.**

☐ **Baby shampoo.**

☐ **Bath thermometer.**

☐ **Hooded towels.**

☐ **Baby lotion.**

☐ **Bedtime**

☐ **Bassinette mattress protector, sheets, Blankets (cotton or flannelette depending on season and home temperature).**

☐ **Cot sheet sets, 2 mattress protectors, heavy blankets are not reccomended due to the risk of sudden infant death syndrome.**

☐ **Mobile.**

☐ **Baby monitor.**

☐ **Lamp/night light.**

☐ **Items For Mom**

☐ **Lansinoh cream and nipple guards for sore nipples.**

☐ **Feeding cloth.**

☐ **Nursing pads.**

☐ **General and First Aid**

☐ **Rattles/suitable soft toys for newborn babies.**

☐ **Playmat/playgym.**

☐ **Bouncer/rocker.**

☐ **Decorations for nursery, wall stickers, border.**

☐ **Pram toys.**

☐ **Washing powder and fabric softener for sensitive skin.**

☐ **Nappies Newborn size 0-5kg - disposable or cloth.**

☐ **Thermometer.**

☐ **Saline spray for unblocking babies nose.**

☐ **Saline drops for cleaning sticky eyes.**

☐ **Nail clipper or scissors.**

☐ **Feeding**

☐ **Bottles 125 ml 0-3 months; 260 ml 3 months+**

☐ **Slow or regular flow nipple only.**

☐ **Bottle brush.**

☐ **Sterilizing equipment.**

☐ **Breast pump.**

☐ **Pillow while nursing to support baby.**

☐ **Baby bottle.**

☐ **Out and About**

☐ **Nappy bag.**

☐ **Portable change mat.**

☐ **Plastic bags to dispose of wet cloths, nappies etc.**

☐ **Toys to amuse baby.**

☐ **Bottles.**

☐ **Portable formula container.**

☐ **Water.**

☐ **Bibs.**

☐ **Spare cloths for baby.**

☐ **Warm jacket and hat.**

☐ **Nappies, wipes and cream.**

☐ **Rain cover for stroller.**

☐ **Thermos to carry warm water for bottles.**

☐ **Spare nipples for bottles.**