Natural Cleaning Checklist

Created: 5/17/2012

# Tasks:

☐ **Baking Soda**

☐ **Scrub surfaces like kitchen and bathroom ;counters, sinks, and faucets**

*Works just as well as more abrasive scrubs.*

☐ **Mix with a little water and you have a baking soda paste for getting rid of grime.**

☐ **Use it as a deodorizer**

*Store it in the fridge to keep perishables fresh. Pour some in the hamper or trash bag, and odors will ;disappear.*

☐ **Club Soda**

☐ **Use it to shine up stainless-steel appliances**

*;Moisten a rag with club soda and buff, then wipe it dry with a clean cloth.*

☐ **Cornstarch**

☐ **Get rid of carpet grease stains in a cinch**

*Put cornstarch on the stain, let sit for 15-30 minutes, and vacum.*

☐ **Glycerin**

☐ **Remove dried candle -wax easily**

*Peel away as much wax as possible, then dampen a cotton ball with glycerin and rub the rest away.*

☐ **Hydrogen Peroxide**

☐ **Make computer keyboard ;cleaning a snap.**

*Dip a q-tip into Hydrogen Peroxide and disinfect as you clean between the keys*

☐ **Ketchup**

☐ **Clear tarnish from copper pots and pans**

*Dab some ketchup on a clean cloth and rub it on tarnished cookware. Coppery color should return in minutes! Rinse cookware in warm water and towel dry.*

☐ **Kool-Aid**

☐ **Pour this non-toxic kid-friendly ;drink in your toilet bowl and scrub for a safe (and great-smelling!) cleaning alternative.**

☐ **Lemons and Lemon Juice**

☐ **Use it to dissolve soap scum and hard water ;deposits ;from bathroom and kitchen fixtures.**

☐ **Shine brass and copper cookware, appliances, and decorative items.**

☐ **Sprinkle baking soda on a cut lemon and use it to scrub stains and extra dirty dishes.**

☐ **Toss a lemon in the garbage disposal to remove odors and give your kitchen a fresh, lemony scent.**

☐ **Milk**

☐ **Combine 2 parts milk with 1 part white vinegar for an ;surprisingly ;potent stain remover**

*Put stained clothing in the solution and let soak overnight before washing.*

☐ **Oatmeal**

☐ **Get rid of extra-tough grime on hands by mixing oatmeal with a little water and using the paste like soap.**

☐ **Olive Oil**

☐ **Mix with lemon juice for a natural furniture polish.**

☐ **Rubbing Alcohol**

☐ **Erase permanent ink stains from wood floors and countertops**

*Just dab a cottonball in rubbing alcohol and rub until clean.*

☐ **Vinegar**

☐ **Use it as an all-purpose cleaner**

*Mix equal parts vinegar and water to clean and ;disinfect ;counters, sinks, appliances and most surfaces.*

☐ **Mop the floor with the vinegar solution; use it to clean the toilet, shower, and sink.**

☐ **White Bread**

☐ **Dust precious objects naturally**

*Use a slice of white bread to gently remove the dirt and grime on oil paintings and other fragile items.*