Kitesurfing Checklist

Created: 1/1/2012

# Tasks:

☐ **Kitesurfing**

☐ **Attach your kite leash to one single line.**

☐ **Let the kite flag out completely on one line.**

☐ **Move hand over hand up the single line until you reach the bar.**

☐ **Wrap the single line around the bar end several times to lock it off.**

☐ **Begin wrapping all of your lines around the ends of the bar.**

☐ **Makeg sure that only the original line is tensioned.**

☐ **Lock off all four lines.**

☐ **Grab a hold of the kite and move towards the center of the leading edge.**

☐ **Attach your bar's chicken loop to the Velcro of one of the main valves to secure it.**

☐ **Decide whether you can use the kite to sail you back to land.**

☐ **The farther you kite is from shore the longer the swim back in will be.**

☐ **Kitesurfers' Rules**

☐ **Respect other beach users.**

☐ **If there is an allocated kite zone rig and check your equipment within the designated area.**

☐ **Seek local knowledge if you have never sailed here.**

☐ **Look before you launch.**

☐ **Use a proper functioning quick-release system with a compatible kite leash.**

☐ **Wear helmet and bouyancy aids.**

☐ **Always wear a helmet if you are using a board leash.**

☐ **Be especially aware of swimmers and other water users.**

☐ **Never approach and jump upwind of swimmers.**

☐ **Weather**

☐ **Know where to gain weather information.**

☐ **Know how weather conditions can affect kite surfing.**

☐ **Know of the wind and how it's direction, strength and consistency affect kite surfing.**

☐ **Know how to interpret weather forecasts.**