Groceries checklist

Created: 1/1/2012

# Tasks:

☐ **Vegetables and fruits**

☐ **Potatoes**

☐ **Mushrooms**

☐ **Onions**

☐ **Cucumbers**

☐ **Lettuce**

☐ **Tomatoes**

☐ **Carrots**

☐ **Celery**

☐ **Zucchini**

☐ **Broccoli**

☐ **Cauliflower**

☐ **Spinach**

☐ **Bell Peppers**

☐ **Tofu**

☐ **Strawberries**

☐ **Bananas**

☐ **Apples**

☐ **Oranges**

☐ **Grapes**

☐ **Grapefruit**

☐ **Melon**

☐ **Nectarines**

☐ **Peaches**

☐ **Pears**

☐ **Plums**

☐ **Lemon/Lime**

☐ **Blueberries**

☐ **Raspberries**

☐ **Avacados**

☐ **Kiwi**

☐ **Fresh Herbs**

☐ **Deli**

☐ **Deli Meats**

☐ **Deli Cheese**

☐ **Deli Salads**

☐ **Rotisserie Chicken**

☐ **Breads**

☐ **White Bread**

☐ **Whole Wheat Bread**

☐ **Hot Dog Buns**

☐ **Hamburger Buns**

☐ **Bagels**

☐ **Biscuits**

☐ **English Muffins**

☐ **Tortillas**

☐ **Pitas**

☐ **Muffins**

☐ **Dairy**

☐ **Milk**

☐ **Butter/Margarine**

☐ **Eggs**

☐ **Yogurt**

☐ **Cheese**

☐ **Cream Cheese**

☐ **Cottage Cheese**

☐ **Sour Cream**

☐ **Coffee Creamer**

☐ **Orange Juice**

☐ **Cookie Dough**

☐ **Dinner Roll Dough**

☐ **Condiments**

☐ **Olive Oil**

☐ **Salad Dressing**

☐ **Vinegar**

☐ **Mayonnaise**

☐ **Marinade**

☐ **Steak Sauce**

☐ **BBQ Sauce**

☐ **Ketchup**

☐ **Mustard**

☐ **Pickles/Relish**

☐ **Olives**

☐ **Jelly/Jam**

☐ **Peanut Butter**

☐ **Honey**

☐ **Salt/Pepper**

☐ **Seasoning Packets**

☐ **Spices**

☐ **Soy Sauce**

☐ **Canned Goods**

☐ **Tuna**

☐ **Tomato Sauce**

☐ **Mushrooms**

☐ **Soup/Chili**

☐ **Canned Veggies**

☐ **Green Beans**

☐ **Corn**

☐ **Peas**

☐ **Baked Beans**

☐ **Canned/Cup Fruit**

☐ **Applesauce**

☐ **Pineapple**

☐ **Peaches**

☐ **Fruit Cocktail**

☐ **Raisins**

☐ **Mandarin Oranges**

☐ **Pears**

☐ **Pasta**

☐ **Spaghetti**

☐ **Lasagne Noodles**

☐ **Macaroni Noodles**

☐ **Rice**

☐ **Risotto**

☐ **Pasta Sauce**

☐ **Boxed Rice/Pasta**

☐ **Macaroni & Cheese**

☐ **Ethnic Foods**

☐ **Taco/Enchilada Mix**

☐ **Taco Shells**

☐ **Taco Sauce**

☐ **Salsa**

☐ **Tortillas**

☐ **Soy Sauce**

☐ **Teriyaki Sauce**

☐ **Cereals**

☐ **Cereal**

☐ **Granola**

☐ **Oatmeal**

☐ **Breakfast Bars**

☐ **Granola Bars**

☐ **Toaster Pastries**

☐ **Baking Needs**

☐ **Sugar**

☐ **Flour**

☐ **Vegetable Oil**

☐ **Cake/Brownie Mix**

☐ **Frosting**

☐ **Muffin Mix**

☐ **Cookie Mix**

☐ **Pancake Mix**

☐ **Pancake Syrup**

☐ **Baking Powder**

☐ **Baking Soda**

☐ **Vinegar**

☐ **Cooking Spray**

☐ **Vanilla Extract**

☐ **Baking Nuts**

☐ **Chocolate Chips**

☐ **Coconut**

☐ **Pudding**

☐ **Jello**

☐ **Marshmallows**

☐ **Sweetener**

☐ **Snack Foods**

☐ **Cookies**

☐ **Crackers**

☐ **Graham Crackers**

☐ **Chips**

☐ **Popcorn**

☐ **Fruit Snacks**

☐ **100 Calorie Packs**

☐ **Pretzels**

☐ **Nuts/Trail Mix**

☐ **Meat**

☐ **Ground Beef**

☐ **Chicken**

☐ **Ground Turkey**

☐ **Veal**

☐ **Beef Roast**

☐ **Steak**

☐ **Beef Patties**

☐ **Pork Chops**

☐ **Pork Roast**

☐ **Bacon**

☐ **Hot Dogs**

☐ **Sausage**

☐ **Brats**

☐ **Ham**

☐ **Cold Cuts**

☐ **Seafood**

☐ **Shrimp**

☐ **Lobster**

☐ **Clams**

☐ **Crab**

☐ **Tilapia**

☐ **Orange Roughy**

☐ **Frozen Foods**

☐ **Chicken Nuggets**

☐ **Fish Sticks**

☐ **Frozen Entrees**

☐ **Frozen Vegetables**

☐ **Frozen Fruit**

☐ **French Fries**

☐ **Pizza**

☐ **Waffles**

☐ **Pancakes**

☐ **Pie Crusts**

☐ **Ice Cream**

☐ **Whipped Cream**

☐ **Beverages**

☐ **Fruit Juice**

☐ **Vegetable Juice**

☐ **Lemonade**

☐ **Sports Drinks**

☐ **Juice Boxes**

☐ **Bottled Water**

☐ **Drink Mixes**

☐ **Tea**

☐ **Coffee**

☐ **Coffee Filters**

☐ **Non-Dairy Creamer**

☐ **Soda**

☐ **Chocolate Syrup**

☐ **Strawberry Syrup**

☐ **Beer**

☐ **Wine**

☐ **Bakery**

☐ **Donuts/Rolls**

☐ **Bagels**

☐ **Cookies**

☐ **Cake**

☐ **Brownies**

☐ **Pie**

☐ **Baby Items**

☐ **Baby Food**

☐ **Baby Formula**

☐ **Diapers/Pull-Ups**

☐ **Baby Wipes**

☐ **Baby Wash**

☐ **Pet Supplies**

☐ **Dog Food**

☐ **Cat Food**

☐ **Cat Litter**

☐ **Litter Box Liners**

☐ **Pet Toys**

☐ **Pet Treats**

☐ **Fish Food**

☐ **Paper Goods**

☐ **Napkins**

☐ **Paper Towels**

☐ **Toilet Tissue**

☐ **Tissues**

☐ **Trash Bags**

☐ **Paper Plates**

☐ **Disposable Cups**

☐ **Baggies/Storage Bags**

☐ **Aluminum Foil**

☐ **Plastic Wrap**

☐ **Wax Paper**

☐ **Toothpicks**

☐ **Cleaning Supplies**

☐ **Laundry Detergent**

☐ **Dryer Sheets**

☐ **Bleach**

☐ **Fabric Softener**

☐ **Stain Remover**

☐ **Dish Soap**

☐ **Dishwasher Soap**

☐ **Cleanser**

☐ **Glass Cleaner**

☐ **Dusting Spray**

☐ **Disinfectant**

☐ **Health & Beauty**

☐ **Sunscreen**

☐ **Shampoo**

☐ **Conditioner**

☐ **Hair Styling Products**

☐ **Deodorant**

☐ **Bath Soap/Body Wash**

☐ **Feminine Supplies**

☐ **Pantyhose**

☐ **Makeup**

☐ **Face Wash**

☐ **Toothpaste**

☐ **Mouthwash**

☐ **Dental Floss**

☐ **Body Lotion**

☐ **Face Lotion**

☐ **Contact Lens Solution**

☐ **Bandages**

☐ **Antiseptic Cream**

☐ **Medicines**

☐ **Vitamins/Supplements**

☐ **Razors**

☐ **Shaving Cream**

☐ **Cotton Balls**

☐ **Cotton Swabs**

☐ **Hand soap/sanitizer**

☐ **Miscellaneous**

☐ **Batteries**

☐ **Cards/Gift Wrap**

☐ **Light Bulbs**

☐ **Ice**