Golf Checklist

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# Tasks:

☐ **Preparation**

☐ **Lessons**

*These are a definite must from either a professional, or a semi-professional player.*

☐ **Experience**

*Going to a course gets your body in the habit of working out,and your body knows it.*

☐ **Driving Ranges**

*These are great for working on these really long shots. Most have a putting green to work on your short game as well.*

☐ **Equipment**

*Get it personally fitted. Wrong sizes can lead to blisters or worse.*

☐ **Join a course or club**

*If you're planning on golfing a lot, save yourself a lot of money on fees, and join annually.*

☐ **Exercise**

*At the very minimum, do some stretching beforehand; your whole body is involved in this particular sport.*

☐ **Equipment**

☐ **Clubs**

*Be sure to get the right mix: three woods, eight irons, one sand wedge and one putter.*

☐ **Golf Bag**

*Ensure that all of your clubs will fit in it, and so will all other necessary items that you want.*

☐ **Tees**

*Use these to set balls up to drive down the fairway.*

☐ **Covers**

*For your clubs to keep them clean and dry.*

☐ **Divot repair tool**

*Use this to repair divots that are made when driving your ball down the fairway.*

☐ **Cart**

*Either pull or electric, use these to get around the course more easily.*

☐ **Things to Take**

☐ **Sunscreen.**

*Who really wants to get a sunburn?*

☐ **Insect repellent**

*Bug bites are not necessary, so prevent as many of them as possible.*

☐ **Water bottles**

*Walking around in the heat requires you to stay hydrated, so carry some water with you.*

☐ **Granola bars**

*Whether you choose granola bars, or some type of protein bars, take a bit of food with you to keep your energy level up.*

☐ **Cell phone**

*Just in case something happens to you, or your partner, you'll have your phone to use.*

☐ **Clothing to Wear**

☐ **Caps**

*Whether these are floppy, like a fishing hat, or stiff, be sure to have one that can be worn to shade your eyes so you can see what you're doing.*

☐ **Shorts**

*Typically, golf shorts are worn long - a bit above the knees, sometimes in the middle of the knee.*

☐ **Shirts**

*Most golfers have their own personal styles that they like, but many golf courses do tend to have a dress code insisting on collars at the very least.*

☐ **Pants**

*Dress pants are required by golf courses typically during a tournament, but not always.*

☐ **Shoes**

*Golf shoes have cleats similar to a baseball shoe on them - and ensuring that they fit correctly is very important so that they don't work against the player during the game.*

☐ **Safety**

☐ **Weather**

*Pay attention to it, and if there's bad weather coming, be sure to consider that when getting ready to play your game.*

☐ **Safety in numbers**

*Staying in a group will always make things safer for any player, especially if playing on an unfamiliar course.*

☐ **Staying hydrated**

*Keeping that handy water bottle or vitamin drink nearby will keep your body from reacting badly to excessive heat.*