Freshman Checklist

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# Tasks:

☐ **Before you Arrive**

☐ **Go to the university website to read reviews of classes.**

☐ **Get a feel for campus life.**

☐ **Comb through the course offerings.**

☐ **Pick a freshman seminar on a topic that interest you.**

☐ **Get a calendar you will use.**

☐ **Look at the academic calendar to get a sense of the flow of the semester.**

☐ **Don't stress if you feel unprepared.**

☐ **In the First Weeks**

☐ **Attend at least one academically-oriented workshop or activity.**

☐ **Go to a few certificate program open houses to get more specific information about courses.**

☐ **Get input on your course schedule from an upper-division student.**

☐ **Go to the activities fair.**

☐ **Find routes to your classes and other destinations.**

☐ **Once you get your syllabi, map out your due dates for all your classes.**

☐ **Visis webportal of your university.**

☐ **Check what resources are available for your classes.**

☐ **Sleep a little.**

☐ **During Your First Semester**

☐ **Create a study group for one of your classes.**

☐ **Go to at least one of your professor's office hours to talk about something you find interesting in the course.**

☐ **Find at least one workshop to prepare for your fist midterms.**

☐ **Take time for recreation.**

☐ **Take 20 minutes a week to reflect on your academic approach.**

☐ **Look around campus for additional resources, workshops, and activities to help make a stress-free transition.**