Energy Saving Checklist

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# Tasks:

☐ **Simple Steps**

☐ **Unplug appliances, electronic devices and chargers when you aren't using them.**

☐ **Turn off lights, appliances, heating and air conditioning when not at home.**

☐ **Place your computer on sleep or standby when not in constant use.**

☐ **Turn it off if you won't be using it for longer periods of time.**

☐ **Don't bother using a screen saver on your computer, it's an energy zapper!**

☐ **Replace your CRT monitor with an LCD monitor which saves space and uses one-third of the power.**

☐ **If you must print, use both sides of the paper.**

☐ **Donate old equipment and appliances like your cell phone, computer, television, etc.**

☐ **Find a tax consultant to help maximize the benefits.**

☐ **Clean or replace filters frequently (furnace, air conditioner, clothes dryer, dishwasher, etc).**

☐ **Recycle as often as possible: glass, plastic, cardboard, paper, aluminum, hazardous waste like paint and batteries, mobile phones, computer equipment, tvs, radios, etc.**

☐ **Turn off the tap/faucet when brushing your teeth.**

☐ **Wash dishes and laundry at colder temperatures when possible.**

☐ **Use a clothes line and drying rack to dry laundry and dishes rather than machine drying.**

☐ **Walk, bike, share rides or use mass transit whenever possible.**

☐ **If you have a swimming pool, use a pool cover to prevent heat loss by evaporation.**

☐ **Energy Saving**

☐ **Get a professional evaluation.**

☐ **Get an online current CO2 emission report.**

☐ **Talk to your utility companies about energy saving options.**

☐ **Research active and passive solar power, wind, geothermal and hydropower.**

☐ **Seal up any air or water leaks in and around your home.**

☐ **Consider replacing your furnace, heat pump, air conditioner and other appliances with energy-efficient models.**

☐ **Install new windows that utilize glazing, tinting and other technical characteristics to conserve energy.**

☐ **Get an insulating blanket for your water heater, especially if it's in a cold area of your home.**

☐ **Install high quality ceiling/attic insulation.**

☐ **Put in energy efficient radiant floor heating that uses electric elements or hot water pumped through coils in the floor.**

☐ **Take advantage of blinds and curtains plus trees, plants and exterior shading devices (awnings, overhangs, patio cover) to keep your house cooler in warm temperatures.**

☐ **If you have a lawn or garden, collect rainwater for maintaining a healthy green glow.**

☐ **If renovating or building, encorporate heat-absorbing, high density materials like concrete, bricks and tiles.**

☐ **When building a new home, pay attention to the orientation of the house to maximize sunlight, shading and natural air ventilation.**

☐ **Install low-flow faucet/tap aerators to conserve heat and water without water pressure loss.**

☐ **Use low-wattage or compact fluorescent light bulbs, dimmer switches and/or timers on lights.**

☐ **Protect our Environment**

☐ **Use water-based (not oil-based alkyd) latex paint that doesn't contain VOCs (volatile organic compounds).**

☐ **Instead of using adhesives, connect carpet fittings mechanically.**

☐ **Make sure you're using CFC-free air conditioning.**

☐ **Get an outdoor or indoor composter for organic kitchen waste and garden/grass cuttings.**