Emergency Plan Checklist

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# Tasks:

☐ **Research**

☐ **Find out which disasters could occur in your area.**

☐ **Ask how to prepare for each disaster.**

☐ **Ask how you would be warned of an emergency.**

☐ **Learn your community's evacuation routes.**

☐ **Ask about special assistance for elderly or disabled persons.**

☐ **Ask your workplace about emergency plans.**

☐ **Learn about emergency plans for your children?s school or day care center.**

☐ **Create an Emergency Plan**

☐ **Meet with household members to discuss the dangers of fire, severe weather, earthquakes and other emergencies.**

☐ **Explain how to respond to emergencies.**

☐ **Find the safe spots in your home for each type of disaster.**

☐ **Discuss what to do about power outages and personal injuries.**

☐ **Draw a floor plan of your home and mark two escape routes from each room.**

☐ **Show family members where to shut off the water, power, and gas and have placed the tools at each location.**

☐ **Post emergency telephone numbers near telephones.**

☐ **Know the location of the nearest police, fire station, and hospital.**

☐ **Your children know how to get help from neighbors and 911.**

☐ **Instruct household members to turn on the radio for emergency information.**

☐ **Pick one out-of-state and one local friend or relative for family members to call if separated during a disaster.**

☐ **Teach children your out-of-state contact's phone numbers.**

☐ **Pick two emergency meeting places: A place near your home in case of a fire and a place outside your neighborhood in case you cannot return home after a disaster.**

☐ **Take a basic first aid and CPR class.**

☐ **Keep family records in a water and fire-proof container.**

☐ **Items to include in a Disaster Supplies Kit**

☐ **Drinking water (3-6 day supply).**

☐ **Food (3-6 day supply, requires no cooking, high energy).**

☐ **Manual can opener**

☐ **Flashlight (check batteries regularly).**

☐ **Portable radio (check batteries regularly).**

☐ **Spare batteries.**

☐ **First aid kit and prescription medications.**

☐ **A change of clothing, rain gear and sturdy shoes.**

☐ **Blankets or sleeping bags.**

☐ **Light sticks (safer than candles).**

☐ **An extra pair of glasses.**

☐ **Credit cards and cash.**

☐ **An extra set of car keys.**

☐ **A list of family physicians.**

☐ **A list of important family information; the style and serial number of medical devices such as pacemakers.**

☐ **Special items for infants, elderly or disabled family members.**

☐ **Plan Ahead**

☐ **Look around your house for potential hazards.**

☐ **Secure heavy pictures and mirrors onto walls away from beds.**

☐ **Place heavy objects on lower shelves.**

☐ **Strap water heaters to wall studs.**

☐ **Keep chimneys and vents free from dirt and debris.**

☐ **Store flammable products away from potential heat sources.**