Baby Development Stages Checklist

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# Tasks:

☐ **At 1 month of age, most babies**

☐ **Raise his or her head slightly up, when laying down on his or her stomach.**

☐ **Hold his or her head up momentarily, but must be supported by you.**

☐ **Briefly watch and follow objects with his or her eyes.**

☐ **Avoid mildly annoying sensations, such as the placement of acloth on baby's face.**

☐ **Begin making some "noise in throat" kind of sounds.**

☐ **At 2 months of age, most babies**

☐ **Hold his or her head erect when baby is being supported in a sitting position.**

☐ **Follow a moving person with his or her eyes.**

☐ **Begin to imitate or will respond to smiling persons, with perhaps, occasional smile or vocalizations from baby.**

☐ **At 3 months of age, most babies**

☐ **Can lift head and chest when on stomach.**

☐ **Move both eyes in the same direction.**

☐ **Turn their heads toward bright colors and lights.**

☐ **Are able to notice bottle or breast.**

☐ **Can now begin to coo and chuckle.**

☐ **React to sudden sounds or voices.**

☐ **Make fists with both hands.**

☐ **Grasp toys or hair.**

☐ **Wiggle and kick with arms and legs.**

☐ **At 4 months of age, most babies**

☐ **Has good control of his or her head.**

☐ **Is able to roll from side to side, while laying down.**

☐ **Can take an objecgt, such as a baby rattle.**

☐ **May start to reach at this age.**

☐ **Can follow moving objects, when he or she is being held in a sitting position.**

☐ **Can laugh aloud.**

☐ **Enjoys playing.**

☐ **At 6 months of age, most babies**

☐ **Can now sit with minimal support.**

☐ **Can roll from his or her back to stomach.**

☐ **Can transfer an object from hand to hand, and from hand to mouth.**

☐ **Begin babbling, and making a couple of sounds.**

☐ **Follow moving objects with their eyes.**

☐ **Turn toward the source of normal sound.**

☐ **Help hold the bottle during feeding.**

☐ **Recognize familiar faces.**

☐ **At 9 months of age, most babies**

☐ **Can now sit alone.**

☐ **Can change positions without falling over.**

☐ **Can now play with two objects - at the same time.**

☐ **Can unwrap baby blocks.**

☐ **May be able to say sounds or words, such as "Mama" or "BA-BA."**

☐ **At 12 months of age, most babies**

☐ **Sit without support.**

☐ **Pull to a standing position.**

☐ **Drink from a cup.**

☐ **Crawl.**

☐ **Wave bye-bye.**

☐ **Hold out their arms and legs while being dressed.**

☐ **Put objects in a container.**

☐ **Stack two blocks.**

☐ **Know five or six words.**