Travel Checklist
By Miriam Caldwell

- ☐ Documents and money
  - ☐ Passport
  - ☐ Drivers license or other official ID
  - ☐ Visa (if necessary)
  - ☐ Passport scan (don't forget to email to yourself if lost)
  - ☐ Address book and emergency numbers and contact details
  - ☐ Travel tickets (airplane, train, bus)
  - ☐ Directions
  - ☐ Hotel contact details
  - ☐ Map and guide book
  - ☐ Cash in foreign currency (if applicable)
  - ☐ Get a Credit card, debit card or ATM card
- ☐ Carry on baggage
  - ☐ Camera, batteries, film or memory card
  - ☐ Notebook and pen
  - ☐ On the road entertainment: book, magazine, playing cards, games or music player
  - ☐ Power plug adapters
  - ☐ Keys
  - ☐ Phone
  - ☐ Watch
  - ☐ Wallet
- ☐ Suitcase
  - ☐ Suitcase of the right size
  - ☐ Luggage ID tags
  - ☐ Luggage locks
  - ☐ Travel alarm clock
  - ☐ Swiss army knife
  - ☐ Mini sewing kit, scissors - keep in checked baggage
  - ☐ Laundry bag, ziploc plastic bags, soap packets, travel iron
  - ☐ Travel first aid kit (incl Imodium, salt tablets, plasters, motion sickness pills etc.)

- [ ] Sleeping bag, pillow, earplugs
- [ ] Laptop
- [ ] Torch/flashlight with batteries
- [ ] Binoculars
- [ ] Phone charger
- [ ] Electric adapter if traveling to a country with different electric wattage
- [ ] Purse or a handbag
- [ ] Mosquito repellent and net (if traveling to areas with high risk of mosquitos)
- [ ] Clothing
  - [ ] Socks
  - [ ] Undergarments
  - [ ] Trousers
  - [ ] Jeans
  - [ ] Skirts
  - [ ] Shorts
  - [ ] Shirts, blouses, t-shirts
  - [ ] Swimsuit
  - [ ] Hat (sun hat or winter hat, depending on the weather)
  - [ ] Sunglasses
  - [ ] Jacket
  - [ ] Raincoat
  - [ ] Sensible shoes
  - [ ] Pajamas
  - [ ] Formal or Dressy clothing if attending an event
- [ ] Toiletries
  - [ ] Comb or a brush
  - [ ] Shaver, razor, shaving cream
  - [ ] Aftershave, perfume
  - [ ] Toothbrush, toothpaste, dental floss, mouthwash, lipbalm
  - [ ] Deodorant
  - [ ] Cotton balls
  - [ ] Soap, shampoo, face wash

- ☐ Lotion and facial moisturizer
- ☐ Sunscreen
- ☐ After-sun lotion
- ☐ Glasses, contact lenses, contact lens solution
- ☐ Prescription medicines and their prescription if you require any fill ups