

Spa Checklist

By Fae Fisher

- Your Needs
 - Decide what type of spa facility will suit your needs (mineral springs, medical, resort or day spa).
 - Decide in what type of spa setting you would be most comfortable.
 - Determine how many days will you be at the facility.
 - Determine what types of spa elements are appropriate for you.
 - Determine your budget.
- Spa Facility
 - Visit their website and look at photos.
 - Read about the owners and their philosophy.
 - Check spa's hours of operation.
 - Check how many treatment rooms are available.
 - Check the condition of the treatment rooms.
 - Check if the spa includes whirlpools, saunas, steam rooms and lap pools.
 - Check how many therapists are employed.
 - Check if staff members seem friendly and professional.
 - Check if staff members wear uniforms or adhere to a dress code.
 - Check if staff members are available to instruct guests.
 - Check what types of services are available.
 - Check the duration and price of individual treatments.
 - Check for spa packages.
 - Ask for a tour before you make an appointment.