

# Paddling Trip Checklist

By Fae Fisher

- ☐ On-River Gear
  - ☐ Canoe or kayak.
  - ☐ Paddle.
  - ☐ Spare Paddle.
  - ☐ Life-Jacket.
  - ☐ Bailer - 1/2 gallon jug with bottom cut out.
  - ☐ Large sponge - to remove sand and water from boat.
  - ☐ Dry bag or dry box.
  - ☐ Knee pads.
  - ☐ Paddling jacket.
  - ☐ Paddling pants.
  - ☐ Rain suit or poncho.
  - ☐ Paddling gloves.
  - ☐ River shoes or rubber booties.
  - ☐ River shorts.
  - ☐ Waterproof watch.
  - ☐ Seat cushion or canoe Chair.
  - ☐ Handheld GPS and extra batteries.
  - ☐ Cameral, film or storage disks and batteries.
  - ☐ Ice chest.
  - ☐ Trash bags.
  - ☐ Hat or visor.
  - ☐ Duct tape.
  - ☐ Net gear bag or day pack.
  - ☐ Caribiners.
  - ☐ Sunglasses.
  - ☐ Croakies or chums.
  - ☐ Rescue rope throw bag.
  - ☐ Rescue equipment.
  - ☐ Nylon rope.
  - ☐ Knife.

- ☐ Water Bottle(s).
- ☐ Sunscreen lotion.
- ☐ Insect repellent.
- ☐ Personal first-aid kit.
- ☐ River maps.
- ☐ Fishing gear.
- ☐ Fishing license.
- ☐ Overnight Off-River Gear
  - ☐ Tent and rainfly.
  - ☐ Groundcloth for tent.
  - ☐ Sleeping bag and stuff sack.
  - ☐ Sleeping pad or air mattress.
  - ☐ Propane or white gas stove.
  - ☐ Fuel for stove.
  - ☐ Matches in waterproof container.
  - ☐ Food.
  - ☐ Food supply box or container.
  - ☐ Cooking gear box or container.
  - ☐ Dishwashing detergent.
  - ☐ Dishwashing sponge.
  - ☐ Plate, fork, knife, spoon.
  - ☐ Pots and pans.
  - ☐ Griddle.
  - ☐ Grill and charcoal.
  - ☐ Cooking utensils.
  - ☐ Cup or mug.
  - ☐ Water and beverages.
  - ☐ 3 to 5 gallon water bottles.
  - ☐ Solar shower bag.
  - ☐ Waterproof storage bags.
  - ☐ Folding woodsaw.
  - ☐ Camping chair(s).
  - ☐ Nylon rope.

- ☐ Gear bag.
- ☐ Toiletries.
- ☐ Towel(s).
- ☐ Trash bags.
- ☐ Tarp, poles and stakes.
- ☐ Lantern and fuel.
- ☐ Plastic or folding metal shovel.
- ☐ Toilet paper in zip-lock bag.
- ☐ Paper towels and/or sanitary wipes.
- ☐ Flashlight.
- ☐ Extra batteries and bulb.
- ☐ Small pillow.
- ☐ Canoe or kayak lock system.
- ☐ Small extra tarp.
- ☐ Trip money.
- ☐ Cell Phone.