

# Paddling Trip Checklist

By Fae Fisher

- On-River Gear
  - Canoe or kayak.
  - Paddle.
  - Spare Paddle.
  - Life-Jacket.
  - Bailer - 1/2 gallon jug with bottom cut out.
  - Large sponge - to remove sand and water from boat.
  - Dry bag or dry box.
  - Knee pads.
  - Paddling jacket.
  - Paddling pants.
  - Rain suit or poncho.
  - Paddling gloves.
  - River shoes or rubber booties.
  - River shorts.
  - Waterproof watch.
  - Seat cushion or canoe Chair.
  - Handheld GPS and extra batteries.
  - Cameral, film or storage disks and batteries.
  - Ice chest.
  - Trash bags.
  - Hat or visor.
  - Duct tape.
  - Net gear bag or day pack.
  - Caribiners.
  - Sunglasses.
  - Croakies or chums.
  - Rescue rope throw bag.
  - Rescue equipment.
  - Nylon rope.
  - Knife.

- Water Bottle(s).
- Sunscreen lotion.
- Insect repellent.
- Personal first-aid kit.
- River maps.
- Fishing gear.
- Fishing license.
- Overnight Off-River Gear
  - Tent and rainfly.
  - Groundcloth for tent.
  - Sleeping bag and stuff sack.
  - Sleeping pad or air mattress.
  - Propane or white gas stove.
  - Fuel for stove.
  - Matches in waterproof container.
  - Food.
  - Food supply box or container.
  - Cooking gear box or container.
  - Dishwashing detergent.
  - Dishwashing sponge.
  - Plate, fork, knife, spoon.
  - Pots and pans.
  - Griddle.
  - Grill and charcoal.
  - Cooking utensils.
  - Cup or mug.
  - Water and beverages.
  - 3 to 5 gallon water bottles.
  - Solar shower bag.
  - Waterproof storage bags.
  - Folding woodsaw.
  - Camping chair(s).
  - Nylon rope.

- Gear bag.
- Toiletries.
- Towel(s).
- Trash bags.
- Tarp, poles and stakes.
- Lantern and fuel.
- Plastic or folding metal shovel.
- Toilet paper in zip-lock bag.
- Paper towels and/or sanitary wipes.
- Flashlight.
- Extra batteries and bulb.
- Small pillow.
- Canoe or kayak lock system.
- Small extra tarp.
- Trip money.
- Cell Phone.