

# Freshman Checklist

By Laura Cooper Peterson

- Before you Arrive
  - Go to the university website to read reviews of classes.
  - Get a feel for campus life.
  - Comb through the course offerings.
  - Pick a freshman seminar on a topic that interest you.
  - Get a calendar you will use.
  - Look at the academic calendar to get a sense of the flow of the semester.
  - Don't stress if you feel unprepared.
- In the First Weeks
  - Attend at least one academically-oriented workshop or activity.
  - Go to a few certificate program open houses to get more specific information about courses.
  - Get input on your course schedule from an upper-division student.
  - Go to the activities fair.
  - Find routes to your classes and other destinations.
  - Once you get your syllabi, map out your due dates for all your classes.
  - Visis webportal of your university.
  - Check what resources are available for your classes.
  - Sleep a little.
- During Your First Semester
  - Create a study group for one of your classes.
  - Go to at least one of your professor's office hours to talk about something you find interesting in the course.
  - Find at least one workshop to prepare for your fist midterms.
  - Take time for recreation.
  - Take 20 minutes a week to reflect on your academic approach.
  - Look around campus for additional resources, workshops, and activities to help make a stress-free transition.