

Emergency Supply Checklist

By John F. Smith

- Essentials
 - Water (1 gallon per person per day).
 - Liquid bleach to purify drinking water.
 - First aid kit, freshly stocked.
 - First aid book.
 - Food.
 - Can opener (non-electric).
 - Blankets or sleeping bags.
 - Portable radio, flashlight and spare batteries.
 - Essential medications.
 - Extra pair of eyeglasses.
 - Extra pair of house and car keys.
 - Fire extinguisher.
 - Food, water and restraint (leash or carrier) for pets.
 - Cash and change.
 - Prescription medications.
- Sanitation Supplies
 - Large plastic trash bags for waste.
 - Large trash cans.
 - Bar soap and liquid detergent.
 - Shampoo.
 - Toothpaste and toothbrushes.
 - Feminine hygiene supplies.
 - Toilet paper.
 - Household chlorine bleach.
 - Household cleaning and dish washing supplies.
- Safety and Comfort
 - Change of clothing.
 - Sturdy shoes or work boots.
 - Heavy gloves for clearing debris.
 - Blankets or sleeping bags.

- Thermal underwear.
- Candles and matches.
- Light sticks.
- Knife or razor blades.
- Tent.
- Communication kit: paper, pens, stamps.
- Cooking
 - Plastic knives, forks, spoons.
 - Paper plates and cups.
 - Paper towels.
 - Heavy-duty aluminum foil.
 - Camping stove for outdoor cooking.
 - Canned meats, fruits and vegetables.
 - High Energy foods.
 - Multi vitamins.
 - Comfort foods - cookies, hard candy.
- Tools and Supplies
 - Axe, shovel, broom.
 - Adjustable wrench for turning off gas.
 - Tool kit including a screwdriver, pliers and a hammer.
 - Plastic tape, staple gun and sheeting for window replacement.
 - City map.