

Emergency Supply Checklist

By John F. Smith

- ☐ Essentials
 - ☐ Water (1 gallon per person per day).
 - ☐ Liquid bleach to purify drinking water.
 - ☐ First aid kit, freshly stocked.
 - ☐ First aid book.
 - ☐ Food.
 - ☐ Can opener (non-electric).
 - ☐ Blankets or sleeping bags.
 - ☐ Portable radio, flashlight and spare batteries.
 - ☐ Essential medications.
 - ☐ Extra pair of eyeglasses.
 - ☐ Extra pair of house and car keys.
 - ☐ Fire extinguisher.
 - ☐ Food, water and restraint (leash or carrier) for pets.
 - ☐ Cash and change.
 - ☐ Prescription medications.
- ☐ Sanitation Supplies
 - ☐ Large plastic trash bags for waste.
 - ☐ Large trash cans.
 - ☐ Bar soap and liquid detergent.
 - ☐ Shampoo.
 - ☐ Toothpaste and toothbrushes.
 - ☐ Feminine hygiene supplies.
 - ☐ Toilet paper.
 - ☐ Household chlorine bleach.
 - ☐ Household cleaning and dish washing supplies.
- ☐ Safety and Comfort
 - ☐ Change of clothing.
 - ☐ Sturdy shoes or work boots.
 - ☐ Heavy gloves for clearing debris.
 - ☐ Blankets or sleeping bags.

- ☐ Thermal underwear.
- ☐ Candles and matches.
- ☐ Light sticks.
- ☐ Knife or razor blades.
- ☐ Tent.
- ☐ Communication kit: paper, pens, stamps.
- ☐ Cooking
 - ☐ Plastic knives, forks, spoons.
 - ☐ Paper plates and cups.
 - ☐ Paper towels.
 - ☐ Heavy-duty aluminum foil.
 - ☐ Camping stove for outdoor cooking.
 - ☐ Canned meats, fruits and vegetables.
 - ☐ High Energy foods.
 - ☐ Multi vitamins.
 - ☐ Comfort foods - cookies, hard candy.
- ☐ Tools and Supplies
 - ☐ Axe, shovel, broom.
 - ☐ Adjustable wrench for turning off gas.
 - ☐ Tool kit including a screwdriver, pliers and a hammer.
 - ☐ Plastic tape, staple gun and sheeting for window replacement.
 - ☐ City map.