

Clutter Control Checklist

By Nicole Nichols-West

- ☐ Living Room
 - ☐ Before going to bed, do a quick sweep-through, straightening up whatever looks out of place.
 - ☐ Collect newspapers for recycling.
 - ☐ Place remote controls in a designated location.
 - ☐ Use baskets for organizing papers, magazines, and television guides.
 - ☐ Introduce the rule: whoever carries something into the room also carries it out.
- ☐ Bedroom
 - ☐ Use the space under the bed for storage
 - ☐ Periodically toss out five items from your nightstand, dresser or closet.
- ☐ Bathroom
 - ☐ Stash several plastic bags in the bottom of the wastebasket.
 - ☐ Keep a package of baby wipes and paper towels to quickly clean the mirror and sink.
 - ☐ Toss out five items from the medicine cabinet like outdated medications or old lipstick.
- ☐ Kitchen
 - ☐ Clean as you go.
 - ☐ If something spills on the floor, mop it up at once.
 - ☐ Used plates and glasses go into the dishwasher.
 - ☐ Clear off the counters, putting items into cabinets where they belong.
- ☐ Garage
 - ☐ Organize everything by function.
 - ☐ Use hanging racks and shelves to put things in order.
 - ☐ Keep garbage cans, lawn mowers and snowblowers in the same place.