

Clutter Control Checklist

By Nicole Nichols-West

- Living Room
 - Before going to bed, do a quick sweep-through, straightening up whatever looks out of place.
 - Collect newspapers for recycling.
 - Place remote controls in a designated location.
 - Use baskets for organizing papers, magazines, and television guides.
 - Introduce the rule: whoever carries something into the room also carries it out.
- Bedroom
 - Use the space under the bed for storage
 - Periodically toss out five items from your nightstand, dresser or closet.
- Bathroom
 - Stash several plastic bags in the bottom of the wastebasket.
 - Keep a package of baby wipes and paper towels to quickly clean the mirror and sink.
 - Toss out five items from the medicine cabinet like outdated medications or old lipstick.
- Kitchen
 - Clean as you go.
 - If something spills on the floor, mop it up at once.
 - Used plates and glasses go into the dishwasher.
 - Clear off the counters, putting items into cabinets where they belong.
- Garage
 - Organize everything by function.
 - Use hanging racks and shelves to put things in order.
 - Keep garbage cans, lawn mowers and snowblowers in the same place.