

# Child Health Questionnaire Checklist

By Laura Cooper Peterson

- Behavior and temperament
  - Prefers to play alone
  - Better with one on one interaction
  - Does not smile as often
  - Seems depressed
  - Is anxious
  - Hyperactive or restless
  - Unable to disregard unimportant stimuli
  - Impulsive
  - Disruptive
  - Easily distracted
  - Forgetful
  - Physically abusive
  - Verbally abusive
  - Frequent tantrums
  - Mood swings for no reason
  - Short attention span
  - Uncomfortable in crowds
  - Becomes easily annoyed
  - Bothered by loud noises
  - Bothered by bright lights
  - Shows little remorse
  - Emotionally unstable
  - Little interest or pleasure in doing things
  - Jekyll-and-Hyde type of personality
- Autistic tendencies (if applicable)
  - Shows little to no eye contact
  - Speech is literal
  - Content and happier to be alone
  - Seems to be in "own world"
  - Lacks displays of affection

- Lacks response from others
- Does not point out objects of interest to others
- Indifferent to surroundings
- Lacks interest in toys
- Marked reduction in activity level
- Increase in activity level
- Over-sensitive to pain
- Under-sensitive to pain
- Undeveloped motor skills
- Does not understand consequences
- Lines things up
- Loves patterns
- Color coordinated objects
- Inappropriate attachment to objects
- Displays daily obsessive routines
- Medication side effects
  - Behavior changes
  - Stomach upset/aches
  - Mouth burns
  - Leg / calf cramps
  - Drowsiness
  - Confusion
  - Clumsiness
  - Nausea
  - Unresponsive at times
  - Mental confusion
  - Lethargic
  - Tired or tense a lot
- Learning and cognition
  - IQ lower than average
  - Unable to process new information
  - Unable to retain new information
  - Has trouble performing daily tasks

- Needs constant reminders
- Does not carry on full conversation
- Repeats sentences
- Talks to himself
- Delay in academic achievement
- Lacks common sense
- Is a slow starter
- Moves slowly
- Speaks slowly
- Other questions of interest
  - Eyes are “glazed over”
  - Breaks out in rashes/hives
  - Has eczema
  - Fidgety or restless
  - Is vomiting a problem
  - Has recurrent colds
  - Eating or not eating affects behavior
  - Facial color is pale
  - Dark circles under eyes
  - Headaches
  - Stomach viruses often
  - Wets the bed or self
  - Constipated often
  - Diarrhea often
  - Craves certain foods
  - Has ear infections
  - Poor appetite
  - Gets car sick
  - Odor or fumes make them sick
  - Loves the smell of gas or paint
  - Trouble going to sleep
  - Would steal chocolate
  - Has food cravings like milk, peanut butter, eggs

- Asthma
- Tonsillitis, strep throat
- Very ticklish
- Clears throat a lot
- Walks on tip toes
- Has dry skin