## Child Health Questionnaire Checklist

By Laura Cooper Peterson

- □ Behavior and temperament
  - □ Prefers to play alone
  - □ Better with one on one interaction
  - Does not smile as often
  - □ Seems depressed
  - □ Is anxious
  - □ Hyperactive or restless
  - Unable to disregard unimportant stimuli
  - □ Impulsive
  - □ Disruptive
  - □ Easily distracted
  - □ Forgetful
  - Physically abusive
  - Verbally abusive
  - □ Frequent tantrums
  - Mood swings for no reason
  - □ Short attention span
  - Uncomfortable in crowds
  - Becomes easily annoyed
  - □ Bothered by loud noises
  - Bothered by bright lights
  - □ Shows little remorse
  - Emotionally unstable
  - □ Little interest or pleasure in doing things
  - □ Jekyll-and-Hyde type of personality
- □ Autistic tendencies (if applicable)
  - □ Shows little to no eye contact
  - □ Speech is literal
  - □ Content and happier to be alone
  - □ Seems to be in "own world"
  - Lacks displays of affection

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- □ Lacks response from others
- Does not point out objects of interest to others
- □ Indifferent to surroundings
- □ Lacks interest in toys
- □ Marked reduction in activity level
- □ Increase in activity level
- Over-sensitive to pain
- Under-sensitive to pain
- Undeveloped motor skills
- Does not understand consequences
- □ Lines things up
- □ Loves patterns
- Color coordinated objects
- Inappropriate attachment to objects
- Displays daily obsessive routines
- □ Medication side effects
  - □ Behavior changes
  - □ Stomach upset/aches
  - Mouth burns
  - □ Leg / calf cramps
  - Drowsiness
  - □ Confusion
  - □ Clumsiness
  - Nausea
  - Unresponsive at times
  - Mental confusion
  - □ Lethargic
  - □ Tired or tense a lot
- Learning and cognition
  - □ IQ lower than average
  - Unable to process new information
  - Unable to retain new information
  - □ Has trouble performing daily tasks

- Needs constant reminders
- Does not carry on full conversation
- □ Repeats sentences
- □ Talks to himself
- Delay in academic achievement
- Lacks common sense
- □ Is a slow starter
- □ Moves slowly
- □ Speaks slowly
- Other questions of interest
  - □ Eyes are "glazed over"
  - □ Breaks out in rashes/hives
  - Has eczema
  - □ Fidgety or restless
  - □ Is vomiting a problem
  - Has recurrent colds
  - Eating or not eating affects behavior
  - □ Facial color is pale
  - □ Dark circles under eyes
  - □ Headaches
  - □ Stomach viruses often
  - □ Wets the bed or self
  - Constipated often
  - Diarrhea often
  - Craves certain foods
  - Has ear infections
  - Poor appetite
  - □ Gets car sick
  - Odor or fumes make them sick
  - Loves the smell of gas or paint
  - □ Trouble going to sleep
  - Would steal chocolate
  - □ Has food cravings like milk, peanut butter, eggs

□ Asthma

- □ Tonsillitis, strep throat
- □ Very ticklish
- □ Clears throat a lot
- □ Walks on tip toes
- □ Has dry skin