

# Child Development Checklist

By Laura Cooper Peterson

- At 12 to 18 months, most children can:
  - Walk 5 or more steps without falling.
  - Scribble in a back and forth motion.
  - Attempt to convey feelings with hand and body gestures.
  - Ask for objects by pointing.
  - Imitate simple words such as "doggie," "bye-bye" and cookie.
  - Use fingers to eat independently.
  - Use spoon to eat with some ability.
  - Run or toddle-run.
  - Eagerly look at pictures and images.
  - Follow simple directions.
  - Pull, push and dump things.
  - Pull off shoes, socks and mittens.
  - Make marks on paper with crayons.
  - Step off a low object and keep balance.
- At 18 months to 2 years, most children can:
  - Push and pull large toys/objects.
  - Jump with both feet together.
  - Refer to self by name, uses "I", "You", "Me."
  - Identify hair, eyes, ears and nose by pointing.
  - Report toilet needs with some frequency.
  - Dress/undress with some help.
  - Sit in a chair independently.
  - Point to pictures in book.
  - Build a tower of four blocks, or display other motor skill coordination.
  - Use two-to-three-word sentences.
  - Say the names of toys or other objects.
  - Recognize familiar pictures.
  - Carry something while walking.
  - Feed themselves with a spoon.
  - Play independently.

- Turn 2-3 pages at a time.
- Show affection.
- Imitate ;or mimic their parents or siblings.
- At 2 to 3 years, most children can:
  - Walk up steps (with alternating feet).
  - Ride a tricycle.
  - Build or stack small blocks.
  - Dry their hands without help.
  - Put on their shoes themselves.
  - Point to body parts (hair, eyes, nose, etc ).
  - Imitate drawing lines and circles (not always perfectly done).
  - Hold pencil with thumb and forefinger instead of fist.
  - Repeat common rhymes.
  - Dress/undresses completely without help.
  - Open a door.
  - Turn single pages at a time.
  - Play with other children for a ;period of time.
  - Use three to five-word sentences.
  - Name at least one color correctly.
  - Recall the names of toys or other objects.
  - Are toilet trained.