

Bride Checklist

By Sherry M. Lewis

- ☐ 3-6 Months Before the Wedding
 - ☐ Select your bridal dress.
 - ☐ Have fittings for wedding gown.
 - ☐ Purchase headpiece, veil, shoes, jewelry, and other accessories.
 - ☐ Make an appointment with a consultant at beauty salon to schedule bridal services.
 - ☐ Begin skincare treatment.
 - ☐ Begin hair removal treatment.
 - ☐ If you're thinking of changing your hair style or color, discuss it with your hair stylist.
 - ☐ Begin conditioning treatments on damaged hair.
- ☐ 1-2 Month Before the Weeding
 - ☐ Have a final fitting for your dress.
 - ☐ Make appointment with your hairstylist and have your hair cut and designed (if style is longer).
 - ☐ Start your natural nail care.
 - ☐ Have a pedicure.
 - ☐ Have a trial make-up lesson.
 - ☐ Have a trial hair styling (bring your veil and/or hair adornments).
 - ☐ Complete all physical or dental appointments.
 - ☐ Begin the teeth-whitening process if you plan to do so.
 - ☐ Begin shopping for a trousseau.
 - ☐ Prepare wedding vows.
 - ☐ Plan a bachelorette party.
 - ☐ Eat healthy and take care of yourself with exercise and plenty of sleep.
- ☐ 1-2 Weeks Before the Wedding
 - ☐ Have your hair cut and designed (if style is mid-length or shorter).
 - ☐ If you have artificial nails, receive acrylic balance.
 - ☐ Have a relaxing massage.
 - ☐ Go for a color retouch.
 - ☐ Have a hair removal treatment.

- ☐ 1-2 Days Before the Wedding
 - ☐ Receive manicure and pedicure, along with members of the bridal party.
 - ☐ For the wedding day be sure to have a button-down shirt to preserve your finished look.
- ☐ Wedding Day
 - ☐ Eat something.
 - ☐ Take a nice relaxing bath.
 - ☐ Fix hair or have it done at least three to four hours before the ceremony.
 - ☐ Allow plenty of time for make-up.
 - ☐ Start dressing one to one-and-a-half hours before ceremony.
 - ☐ Enjoy!