

Bride Checklist

By Sherry M. Lewis

- 3-6 Months Before the Wedding
 - Select your bridal dress.
 - Have fittings for wedding gown.
 - Purchase headpiece, veil, shoes, jewelry, and other accessories.
 - Make an appointment with a consultant at beauty salon to schedule bridal services.
 - Begin skincare treatment.
 - Begin hair removal treatment.
 - If you're thinking of changing your hair style or color, discuss it with your hair stylist.
 - Begin conditioning treatments on damaged hair.
- 1-2 Month Before the Weeding
 - Have a final fitting for your dress.
 - Make appointment with your hairstylist and have your hair cut and designed (if style is longer).
 - Start your natural nail care.
 - Have a pedicure.
 - Have a trial make-up lesson.
 - Have a trial hair styling (bring your veil and/or hair adornments).
 - Complete all physical or dental appointments.
 - Begin the teeth-whitening process if you plan to do so.
 - Begin shopping for a trousseau.
 - Prepare wedding vows.
 - Plan a bachelorette party.
 - Eat healthy and take care of yourself with exercise and plenty of sleep.
- 1-2 Weeks Before the Wedding
 - Have your hair cut and designed (if style is mid-length or shorter).
 - If you have artificial nails, receive acrylic balance.
 - Have a relaxing massage.
 - Go for a color retouch.
 - Have a hair removal treatment.

- 1-2 Days Before the Wedding
 - Receive manicure and pedicure, along with members of the bridal party.
 - For the wedding day be sure to have a button-down shirt to preserve your finished look.
- Wedding Day
 - Eat something.
 - Take a nice relaxing bath.
 - Fix hair or have it done at least three to four hours before the ceremony.
 - Allow plenty of time for make-up.
 - Start dressing one to one-and-a-half hours before ceremony.
 - Enjoy!