

# Back To College Checklist

By Nicole Nichols-West

- Before Your First College Day
  - Two weeks before, start going to bed at a regular, earlier time.
  - Think about some good anecdotes about your summer.
  - Have a new haircut.
  - Get Some new clothing, shoes and accessories.
  - Go shopping for school supplies.
  - Check the policy on use of computers/laptops, cell phones and other electronic devices at school.
- First College Day
  - Wear your favorite outfit - you want to feel comfortable.
  - Wear comfortable shoes.
  - Keep your breath fresh - use mints.
  - Use deodorant.
  - Eat breakfast before you leave.
  - Take a healthy snack.
  - Personalize the space in your locker e g. hang a fun picture.
  - Be friendly.
  - Take a campus tour.
  - Participate in group information session.
  - Talk to a professor (or two) in your chosen major(s).