

Baby Development Checklist

By Fae Fisher

- ☐ At one month baby may be able to
 - ☐ Lift head briefly when on stomach
 - ☐ Focus on a face
 - ☐ Respond to a bell in some way
 - ☐ Follow an object moved above their face
 - ☐ Avoid annoying sensations
- ☐ At two months baby may be able to
 - ☐ Smile in response to yours
 - ☐ Vocalize in ways other than crying
 - ☐ Lift head 45 degrees while lying on stomach
 - ☐ Pay attention to a very small object
 - ☐ Grasp a rattle held to the backs or tips of fingers
- ☐ At three months baby may be able to
 - ☐ Laugh out loud
 - ☐ Lift head 90 degrees on stomach
 - ☐ Squeal in delight
 - ☐ Bring both hands together
 - ☐ Smile spontaneously
 - ☐ Holds head steady when upright
 - ☐ Roll over (one way)
 - ☐ Make fists with both hands
 - ☐ Differentiate between bottle and breast
- ☐ At four months baby may be able to
 - ☐ Use arms to raise chest when on stomach
 - ☐ Reach for an object
 - ☐ Razz (make a wet razzing sound)
 - ☐ Keep head level with body when pulled to sitting
 - ☐ Turn in the direction of a voice
 - ☐ Enjoy playing
- ☐ At five months baby may be able to
 - ☐ Roll over both ways

- ☐ Bear some weight on legs
- ☐ Make vowel consonant sounds
- ☐ Reach for an object and pick it up
- ☐ Look for a dropped object
- ☐ Object if you take a toy away
- ☐ Feed themselves a cracker
- ☐ At six months baby may be able to
 - ☐ Sit without assistance
 - ☐ Stand with assistance
 - ☐ Get into a sitting position from stomach
 - ☐ Hold bottle during feeding
 - ☐ Recognize familiar faces
- ☐ At seven month baby may be able to
 - ☐ Work to get a toy out of reach
 - ☐ Pass an object from one hand to the other
 - ☐ Play peekaboo
 - ☐ Stand holding on to someone or something
 - ☐ Start crawling around
- ☐ At eight months baby may be able to
 - ☐ Pull up to standing position from sitting
 - ☐ Say mama or dada indiscriminately
- ☐ At nine months baby may be able to
 - ☐ Change positions without falling over
 - ☐ Play with two toys at the same time
 - ☐ Walk holding onto furniture
 - ☐ Understand the word "no"
- ☐ At ten months baby may be able to
 - ☐ Clap hands or wave bye
 - ☐ Pick up tiny object with thumb and forefinger
 - ☐ Stand alone momentarily
 - ☐ Roll ball back to you
- ☐ At 11 months baby may be able to
 - ☐ Indicate want in ways other than crying

- ☐ Drink from a cup independently
- ☐ Say three or more words other than mama or dada
- ☐ At 12 months baby may be able to
 - ☐ Take a few steps
 - ☐ Put objects in a container
 - ☐ Put arms or legs out to be dressed