

# Safari Checklist

By Fae Fisher

- Preparation
  - Try to avoid infectious diseases.
  - Stay away from people who have a cold or even influenza.
  - Reduce sports, drive particularly defensively, eat less, eat only easily digestible foods.
  - Find out how much your airline allows you to bring.
  - Put little locks on the zippers of your bag.
  - Do not put any valuables into the checked luggage.
- What to Bring
  - Passport valid for at least 6 more months.
  - A copy of your passport.
  - Vaccination certificate.
  - Travel health insurance.
  - Bookings and airline flight tickets.
  - Light summer clothes in light colors.
  - For the evenings bring some clothes that cover you up to your wrists and ankles to reduce mosquito stings.
  - One warm jacket or a warm sweater for cool evenings and mornings.
  - Travelling detergent, if you want to wash your laundry yourself.
  - Sun hat.
  - Bathing suit.
  - Sunglasses.
  - Sun blocker.
  - Toiletry: tooth brush, toothpaste, shampoo, razor, tissues, etc.
  - Mosquito net.
  - Maps.
  - Address book for writing postcards.
  - Big plastic bags to keep the dust away from your bags.
  - GPS receiver, preferably one that can load maps.
  - Compass for emergencies or when a GPS breaks down.
  - Flashlight, accumulators, charger.

- Book to identify animals.
- Vitamin pills.
- Malaria tablets.
- Iodine tablets.
- Cleaning cloth or an old towel in order to dust off your luggage after long and dusty car trips.
- A few sheets of paper and a pen to take notes or write messages.