

# Holiday Checklist

By Bianca Hendriks

- Paperwork and money
  - Passport, drivers licence, visas
  - Scan passport and send copy to your own e-mail inbox (very helpful if passport gets stolen)
  - Address book and emergency numbers and contact details
  - Travel tickets, directions, hotel contact details
  - Cash and foreign currency
  - Travellers cheques
  - Credit card, debit card, ATM card
  - Map and guide book
- Travel kit
  - Swiss army knife
  - Suitcase, luggage ID tags, luggage locks
  - Travel alarm clock
  - Camera, batteries, film or memory card - keep in carry-on baggage
  - Mini sewing kit, scissors - keep in checked baggage
  - Laundry bag, Ziploc plastic bags, soap packets, travel iron
  - Notebook and pen
  - Travel first aid kit (including Immodium, salt tablets, plasters, motion sickness pills)
  - Book, magazine, playing cards, games, walkman/mp3 player
  - Sleeping bag, pillow, earplugs
  - Laptop, power plug adapters, modem plug adapter
  - Torch, batteries
  - Binoculars
  - Keys, phone, phone charger, watch, wallet, purse, handbag
  - Mosquito net and repellent (if travelling to areas with high risk)
- Clothing
  - When it comes to clothing, your destination plays a large part in what you need to pack, but here is a basic guideline:
  - Socks, underwear

- Trousers, skirts, shorts
- Shirts, blouses, t-shirts
- Swimming costume, sun hat, sunglasses
- Jacket, raincoat
- Sensible shoes
- Pyjamas
- Smart clothes
- Toiletries
  - We've all accidentally left some of them at home before which can be inconvenient and costly!
  - Comb, brush
  - Shaver, razor, shaving cream
  - Aftershave, perfume
  - Toothbrush, toothpaste, dental floss, mouthwash, lipbalm
  - Deodorant
  - Cotton buds
  - Soap, shampoo, towelettes
  - Sunscreen, after-sun lotion
  - Glasses, contact lenses, contact lens solution
  - And lastly don't forget any prescription medicines and the prescription if you require needles.