Hitchhikers Checklist

By Bianca Hendriks

Be	fore Hitchhiking
	Carefully consider the route on which you are hitchhiking.
	Know the towns or crossroads in the direction you are heading.
	Check to see if hitchhiking is legal in the area where you're traveling.
	Know how to defend yourself - learn a bit of karate.
	Know the signs of drinking and drug use.
Sa	fety
	Turn down any ride with which you do not feel comfortable.
	Observe the make, model and registration of the car before getting in.
	Do not accept a ride in a car full of strangers.
	Try to sit up front in the passenger seat.
	Make sure that there are no child safety locks on before you get in a car.
	Keep your bags with you at all time.
	Keep your passport and travel documents on your person.
	Keep your cash in several separate locations.
	Travel with at least one other person.
	Carry a mobile phone at all times.
	Don't hitch after dark.
	Keep a bottle of pepper-spray handy, just in case.
	Be wary of any offers of accommodation.