

Green Checklist

By Kimberly French

☐ Home

- ☐ Turn out the lights.
- ☐ Buy energy-efficient appliances.
- ☐ Save water by decreasing your shower time or use bath.
- ☐ Get in the habit of brushing your teeth with the water off.
- ☐ Recycle.
- ☐ Switch from paper and plastic bags to reusable bags and totes.
- ☐ Hang dry your clothing.
- ☐ Unplug all of your appliances when you leave the house to save energy.
- ☐ Don't use plastic storage containers.
- ☐ Shut your computer down when you leave.
- ☐ Collect rainwater and use it for landscaping.

☐ Day-to-Day

- ☐ Opt for direct deposit, online banking, and paperless statements.
- ☐ Take public transportation or walk.
- ☐ Save stained or ill-fitting clothing to use for dusting and cleaning.
- ☐ Use rechargeable batteries.
- ☐ Rent movies and borrow books, instead of purchasing.
- ☐ Purchase a hybrid car.
- ☐ Select products made of recyclable materials.
- ☐ Buy items that use less packaging.
- ☐ Take your own bags to grocery store.
- ☐ Purchase fresh fruits and vegetables, instead of jarred, canned, or frozen.
- ☐ Purchase organic foods.
- ☐ Use healthy and environmentally friendly cosmetics.
- ☐ Print on both sides of the paper.
- ☐ Unload your trunk.