

Freshman Checklist

By Laura Cooper Peterson

- ☐ Before you Arrive
 - ☐ Go to the university website to read reviews of classes.
 - ☐ Get a feel for campus life.
 - ☐ Comb through the course offerings.
 - ☐ Pick a freshman seminar on a topic that interest you.
 - ☐ Get a calendar you will use.
 - ☐ Look at the academic calendar to get a sense of the flow of the semester.
 - ☐ Don't stress if you feel unprepared.
- ☐ In the First Weeks
 - ☐ Attend at least one academically-oriented workshop or activity.
 - ☐ Go to a few certificate program open houses to get more specific information about courses.
 - ☐ Get input on your course schedule from an upper-division student.
 - ☐ Go to the activities fair.
 - ☐ Find routes to your classes and other destinations.
 - ☐ Once you get your syllabi, map out your due dates for all your classes.
 - ☐ Visis webportal of your university.
 - ☐ Check what resources are available for your classes.
 - ☐ Sleep a little.
- ☐ During Your First Semester
 - ☐ Create a study group for one of your classes.
 - ☐ Go to at least one of your professor's office hours to talk about something you find interesting in the course.
 - ☐ Find at least one workshop to prepare for your fist midterms.
 - ☐ Take time for recreation.
 - ☐ Take 20 minutes a week to reflect on your academic approach.
 - ☐ Look around campus for additional resources, workshops, and activities to help make a stress-free transition.