

Baby Bag Checklist

By baby checklist

- ☐ The Essentials
 - ☐ 2-4 spare diapers.
 - ☐ Diaper wipes.
 - ☐ Plastic bags for used diapers/dirty clothes.
 - ☐ 1-2 changes of clothes for baby.
 - ☐ Formula / bottles (if not nursing).
 - ☐ Any prescription medication.
- ☐ The Extras
 - ☐ Extra formula - or powder and water.
 - ☐ Extra pacifier (keep clean in a baggie).
 - ☐ Burp cloth.
 - ☐ Sweater or coat for baby.
 - ☐ No-spill cup/bottle or a juice box.
 - ☐ Pacifier and holder.
 - ☐ Bib.
 - ☐ Hat.
 - ☐ Blanket for warmth or nursing privacy.
 - ☐ Children's acetaminophen.
 - ☐ Small package of facial tissues.
 - ☐ Camera.
 - ☐ Photos/brag book.
 - ☐ Toys/books.
 - ☐ Snacks for baby and you.
- ☐ For mom
 - ☐ Clean shirt (in case of poop explosions, spitup, etc)
 - ☐ Breastpads.
 - ☐ Bottle of water.
 - ☐ Cell phone.